



# Boone County 4-H Youth Development **June** Newsletter

Cooperative Extension Service  
Boone County  
6028 Camp Ernst Rd  
P.O. Box 876  
Burlington, KY 41005-0876  
(859) 586-6101  
[boone.ext@uky.edu](mailto:boone.ext@uky.edu)  
[boone.ca.uky.edu](http://boone.ca.uky.edu)

**2025**

## Agent Message

Hello All,

If you haven't already heard, my last day as your 4-H Youth Development Agent will be May 31st. Starting June 1st, I'll be transitioning within our office to serve as the Agriculture and Natural Resources Agent. This new opportunity allows me to continue serving our community in a different way and focus more on my background and interests in agriculture.

This decision was not made lightly. It has been an incredible honor to serve the youth of this county over the past two years. I've learned so much and have been inspired by the energy, passion, and potential of our 4-H members and families.

I owe a large part of who I am to the 4-H organization. Growing up in it, you develop a connection that is hard to replicate. This role has allowed me to give back to a program that helped shape me, and I've truly loved every moment of it.

I also want to thank the incredible volunteers who welcomed me with open arms and allowed me to have a voice in this program. Your support, passion, and commitment have made a lasting impact on me. I'm so grateful I had the opportunity to work alongside each of you.

On a positive note, I'm not going far! I'll still be in the office, and my contact information will stay the same. If any of the youth I've worked with ever need a letter of recommendation for a job or university, or just want to chat or ask for advice, I'll always be here to help however I can.

Thank you for letting me be a small part of your 4-H journey. I'll always be cheering you on.

Rusty Wolf



**June 23-28, 2025**

All 4-H members receive **FREE** entry to the Boone County Fairgrounds. Fair Passes will be available for pickup beginning **Monday, June 16**. Visit the Boone County Extension Office between the hours of 8 AM and 4:30 PM, Monday through Friday to pick up your fair pass.

**4-H Fair Passes do not include admission to fair rides, and are not replaceable if lost.**

Check out the fair:  
[boonecountyfair.org](http://boonecountyfair.org)





## Sew Unique Design Club

Our 4-H Sew Unique Design Club members are busy finishing up their Boone County fair projects in the month of June. Be sure to look for their sewing items at the fair.

There will be no sewing classes in the months of July and August due to volunteer training and sewing machine maintenance. We will start our new season in September. We look forward to seeing you then. Please contact us with any questions in the meantime at [4hdesignclub@gmail.com](mailto:4hdesignclub@gmail.com).

## AEROSPACE CAMP



**JULY 7-10<sup>TH</sup> | 10 - 2 PM**

Aerospace Camp is designed to teach concepts of flight through fun activities and hands-on learning.

Participants must attend all 4 days. Please bring a lunch/snacks and a water bottle each day.

## Cloverbuds Corner

All Cloverbud clubs are on a summer break. Meetins will resume in the fall. Be on the lookout for further details.

Cloverbud clubs are for children ages 5-8.

## Beginners Disc Golf Club

**Thursday, June 19<sup>th</sup> 10 AM - 12 PM**

📍 Boone County Extension  
Nature Center/Main Shelter

Questions? Contact Jason at 859.586.6101 or [js.brown@uky.edu](mailto:js.brown@uky.edu).

## Elite Equestrian Drill Team

Elite has a busy month! We are prepping for our presentation at the Boone County Annual Fair on Monday, June 23rd, as well as State Competition in Louisville, KY on Saturday, June 28th. Want to see our little team in action? Come to either of these events to cheer us on!

Any questions or interest in joining our team? Contact Coach April at 859-250-9281.



## Sharpshooters

Sharpshooters will take on new members for next year, starting in September 2025. Email us at that time for a registration packet to join for archery, firearms, or both. Our club teaches youth how to safely use archery bows, .22 rifles and pistols, as well as 12 and 20 gauge shotguns.

If interested or have questions, email us at [bc4hsharpshooter@gmail.com](mailto:bc4hsharpshooter@gmail.com).

# Hobby Horse Club

The Boone County 4-H Hobby Horse Club hosted the first Midwest Hobby Horse Championship. The Enrichment Center was transformed into 2 indoor arenas for riders to compete in dressage tests, freestyle dressage, hunters over fences, show jumping, barrels and puissance.

46 riders from 6 different states participated, ranging from beginners to experienced. Riders were awarded Champion, first, second, and third in each class. The Champion was awarded a green and gold Midwest Hobby Horse Championship blanket for their hobby horse.

Thank you to our judges Mandy Weissmann, Laura Kirby, Elisha Cecil and Abigail Hunt. We would also like to thank our amazing parents, grandparents and leaders for their dedication and time that went into making this a top notch competition. Thank you Lilli Hoffman with Rain Production for organizing and managing the entries, and Red Caboose Photography for documenting the day with an abundance of photos.

Our Club members did very well at the competition, showcasing the skills they have been working on all year.

Abigail Hunt was Senior High Point Winner, 1st in Senior Barrels, 2nd in Senior Show Jumping, Champion in Senior Hunters over Fences, Champion in Senior Freestyle Dressage

Sophia Cecil was Junior Barrel Champion, 3rd in Junior Hunter over Fences

Rebekah Hunt was 15th in Junior Barrels, 1st in Junior Hunter over Fences, 2nd in Senior Hunter over Fences, 3rd in Junior Freestyle Dressage, Champion in Dressage Intro. Test B

Clara Hibbits was 20th in Junior Barrels, Derby Hat Kid Champion

Fulton McDaniel was 22nd in Junior Barrels

Makayla Kirby was 3rd in Senior Barrels, 21st in Junior Barrels

Meara McDaniel was 4th in Clover Barrels, 3rd in Clover Hunter over Fences, Champion in Clover Freestyle Dressage

Emily Hibbits was 5th in Clover Barrels, 1st in Clover Hunters over Fences

Grayson Kirby was 2nd in Clover Barrels

We are looking forward to some of our members traveling to Michigan for the US Hobby Horse Championship in August.

For information on joining the hobby horse club please contact Sarah Cecil at [scecil4@gmail.com](mailto:scecil4@gmail.com) or 859-653-4027.



July 1-3<sup>rd</sup>  
10 AM – 3 PM

**Boone County  
Extension -  
Florence**

Roller Skate Camp is for kids 9-12 years old. This program is designed to teach roller skating through skill building drills, education, and fun activities.

Each skater will need to have their own pair of quad skates, pads (elbows/knees/wrist) and a helmet. Mouth guards are optional.

Participants must attend all 3 days. Please bring lunch/snacks and water bottle each day.



# JUNE WORD SEARCH PUZZLE

JUNE  
FLAG DAY  
FATHERS DAY

SUMMER  
SOLSTICE  
BREAK

VACATION  
SUNSHINE  
CAMPING

SIXTH MONTH  
ROAD TRIP  
BASEBALL

Z	U	Q	A	X	Q	C	R	F	E	C	E	B	J	C
C	J	C	K	P	Z	I	M	L	L	J	E	R	U	F
F	A	T	H	E	R	S	D	A	Y	T	Z	E	W	F
S	J	M	M	C	A	K	B	G	B	W	V	A	O	Q
O	U	L	P	B	W	W	O	D	D	S	X	K	Z	Y
M	R	N	X	I	A	P	V	A	C	A	T	I	O	N
Q	V	V	S	D	N	R	F	Y	J	U	N	E	M	S
U	Q	B	J	H	S	G	H	A	N	T	K	S	Y	I
A	I	H	X	Q	I	R	O	A	D	T	R	I	P	X
P	G	Z	G	K	A	N	L	C	K	M	L	B	Z	T
S	U	M	M	E	R	K	E	Y	J	Y	G	G	U	H
O	B	A	S	E	B	A	L	L	F	L	L	W	L	M
L	F	B	Z	Z	Z	H	J	X	E	O	K	G	G	O
S	K	P	Q	G	I	V	O	M	U	A	T	P	B	N
T	B	A	C	L	E	V	C	U	F	Z	L	D	K	T
I	E	C	D	U	W	O	C	S	V	Q	E	Z	C	H
C	P	I	Z	K	B	G	K	X	F	I	V	T	J	P
E	D	M	F	Q	F	D	X	Q	M	I	Z	D	F	M



# Livestock Fair News

## 4-H Poultry and Rabbit Validation

Wednesday, June 4<sup>th</sup> 6-7 PM at the Boone County Enrichment Center

## Record Books and Buyer Forms

June 6<sup>th</sup> at 4:30 PM is the deadline to turn in livestock record books and buyers forms to the Extension Office.

## Health Papers

Don't forget to get health papers for your livestock competing at the county fair. We will ask for them at the scales. **IF YOU DO NOT HAVE THEM YOU WILL NOT BE ABLE TO SHOW!**

# Country Ham News

Join our new Remind group; this is the easiest way not to miss a meeting! Text @bchams to 81010 to join.

## County Speech Contest

- Monday, June 16<sup>th</sup> 6 PM, Boone County Extension Office

## Ham Wash for County Fair

- Wednesday, June 18<sup>th</sup> 5 PM Boone County Extension Office - Ham House

## Ham Wash for State Fair

- Tuesday, August 12<sup>th</sup> 5 PM Boone County Extension Office - Ham House

## State Fair Ham Contest

- Thursday, August 14<sup>th</sup> All Day KY State Fair Grounds in Louisville

## SPEECH TOPICS:

- Junior Class** (Born 2015-2011)

Steps to curing a country ham.- Outline, discuss, and describe the steps you took to cure your ham for this year's country ham project.

- Senior Class** (Born 2006 - 2010)

Design a country ham curing facility for your counties ham project.- More and more counties are building their own country ham houses. You have an unlimited budget, design your counties dream country ham house and curing facility. (visual aids are optional, no digital/electronic, limited to one poster board, you can use both sides) Please note – ALL SENIOR PRESENTATIONS MUST BE AT LEAST 2 MINUTES LONG

# Livestock Fair Show Schedule

## Monday, June 2

- 8 AM - Sheep
- 1 PM - Goat

## Tuesday, June 24

- 8 AM - Swine

## Wednesday, June 25

- 9 AM - Dairy
- 2 PM - Beef

## Thursday, June 26

- 8 AM - Rabbit
- 8 AM - Horse & Pony
- 5 PM - Poultry

## Friday, June 27

- 6:30 PM - Showman of Showmen

## Saturday, June 28

- 5 PM - Sale of Champions



# Horse Fair News

## Important dates

### Record Book and Show Registration

Friday, June 20<sup>th</sup>, Submission deadline at the Boone County Extension Office (record books and show registration forms can be found on our website boone.ca.uky.edu).

### 4-H Horse and Pony Show

June 26<sup>th</sup>, 8 AM at the Boone County Fair- Lower Ring

### State Fair 4-H Horse Show

June 28<sup>th</sup>, at the Kentucky State Fairgrounds



**June 23-28, 2025**  
**[www.boonecountyfair.org](http://www.boonecountyfair.org)**

# 4-H FAIR PROJECTS

Did you create something neat this year? It may be eligible to enter as a 4-H Project at the Boone County Fair! Whether it's a craft, baked goods, artwork, or something entirely unique, there's a category for all kinds of creative and skillful work to participate.



For details on entry categories and guidelines, please visit:  
<https://4-h.ca.uky.edu/kentucky-4-h-state-fair-0>



## MAKE IT TO STATE!

If you win a 1st Place Ribbon at the Boone County Fair, you are eligible to compete at the State Fair in Louisville, KY. Boone County 4-H Staff will transport your entry there and back if your project qualifies for State.

## THERE ARE TONS OF CATEGORIES TO FIND A PROJECT THAT SPARK YOUR PASSIONS!

### Categories include:

- Art and Photography
- Financial Education
- Electric
- Entomology & Honey
- Foods and Preservation
- Needlework and Sewing
- Forestry and Geology
- Leadership
- Wood Science
- Civic Engagement
- Horticulture & Plant Science
- And More!

Drop off your entries at the Boone County Extension Office, June 1 - June 20 **OR** at Lutes Floral Hall, located at Boone County Fairgrounds (5819 Idlewild Rd, Burlington, KY 41005) on June 22 between the hours of 2-5 PM.

**Questions? Call 859-586-6101 to speak with a 4-H Agent.**





# DO YOU KNOW?



In an effort to empower our youth to find their spark, 4-H.org provides hundreds of online interactive activities and resources. Including a growing library of downloadable activity guides.


Perfect for keeping your youth engaged in learning and development, they have informative activity guides covering a variety of topics. From exploring food systems and gardening to mindfulness and making healthy food choices, these guides are available anytime, providing hands-on learning anywhere.

# DOWNLOAD YOUR FREE ACTIVITY GUIDES TODAY



Scan the QR Code or visit:

<https://4-h.org/clover/activity-guides/download-4h-activity-guides/>




**4-H at Home Activity Guide**

STEM, Crafting, & More | Grades Pre-K-12

These activities to help teach skills in STEM, healthy living, and civic engagement!

[DOWNLOAD GUIDE](#)




**Explore Food Systems**

Agriculture, Civic Engagement | Grades 6-12

Learn how food gets to your table, and the impact modern food production.

[DOWNLOAD GUIDE](#)




**Gardening at Home**

STEM, Gardening | Grades 3-8

Learn how easy and fun it is to grow your own plants and herbs at home.

[DOWNLOAD GUIDE](#)




**Get Ready to Pay for College**

College Readiness | Grades 9-12

Learn how to make smart decisions about college expenses.

[DOWNLOAD GUIDE](#)




**Emotional Wellness**

Mindfulness, Healthy Living | Grades 6-12

Learn healthy ways to understand and express your emotions.

[DOWNLOAD GUIDE](#)




**Grow & Make Your Own Food**

Food Security, Agriculture | Grades Pre-K-12

Grow your own fruits and vegetables, and make butter, cheese and bread.

[DOWNLOAD GUIDE](#)




**Health Rocks!**

Healthy Living | Grades 6-12

Teach teens to need to make smart decisions about their health and safety.

[DOWNLOAD GUIDE](#)




**Make Healthy Food Choices**

Healthy Living | Grades K-5

Learn how easy it is to eat foods that are delicious, and good for your body.

[DOWNLOAD GUIDE](#)




**Healthy Living Guide**

Healthy Living & More | Grades Pre-K-12

Download 30 fun, hands-on activities to help your kids live a healthy lifestyle.

[DOWNLOAD GUIDE](#)




**Holiday Activity Guide**

STEM, Cooking & More | Grades 1-12

Fizzing snow, cookie science, and a pillow that can make your dreams come true.

[DOWNLOAD GUIDE](#)




**Inspire Kids To Do**

Crafting, STEM & More | Grades Pre-K-12

Download 60 activities to help your kid learn skills in STEM, healthy living, and more.

[DOWNLOAD GUIDE](#)




**The Power of Mindfulness**

Healthy Living, Mindfulness | Grades 6-12

Understand positive mental health with social and emotional learning.

[DOWNLOAD GUIDE](#)




**Pollinators**

STEM, Animal Science, & More | Pre-K-10

Learn more about pollinators as you make simple and fun crafts at home.

[DOWNLOAD GUIDE](#)




**The Nurturing Power Of Nature**

STEM, Biology, Gardening | Grades Pre-K-5

Learn how nature is working all around you, all the time.

[DOWNLOAD GUIDE](#)




**Veterinary Science: Stopping Sickness**

Animal Science | Grades 6-8

Learn some of the ways that people can help animals stay healthy.

[DOWNLOAD GUIDE](#)




**Beef Cattle Nutrition**

Animal Science, Biology | Grades 3-8

Cows give a lot to humans. Learn what goes into taking care of them.

[DOWNLOAD GUIDE](#)



**Heartland Bees**

Life Science, STEM & More | Grades 2-8

Learn how important pollinators helps us and the many different kinds of bees.

[DOWNLOAD GUIDE](#)



# KID APPROVED RECIPE



## Chicken Burgers

### Ingredients:

- 1 pound 98% fat-free, ground chicken breast
- 1/4 cup barbecue sauce
- 1/2 cup green onions, finely chopped
- 1/4 cup celery, diced
- 1 teaspoon garlic powder (or 1 clove of garlic, minced)
- 1/4 teaspoon salt
- Nonstick cooking spray
- 4 whole-wheat hamburger buns
- 2 cups romaine lettuce, torn or shredded
- 1 large tomato, cut into 8 slices



Source: Andrea Wilde, NEP Area Nutrition Agent, University of Kentucky Cooperative Extension Service

### Directions:

1. Wash hands with warm water and soap, scrubbing for at least 20 seconds.
2. In a medium bowl, combine chicken, barbecue sauce, green onion, celery, garlic powder, and salt.
3. Using wet hands (to prevent mixture from sticking), form chicken mixture into four 1/2-inch-thick patties. Wash hands with warm water and soap after handling raw poultry.
4. Preheat a large skillet over low to medium heat and spray with nonstick cooking spray.
5. Place burgers in the preheated skillet. Cook until burgers reach an internal temperature of 165 degrees F as measured on a meat thermometer, about 5 minutes per side.
6. To serve, place each burger on a bun. Top each with 1/2 cup shredded lettuce, 2 tomato slices, and optional 1/2 tablespoon of cheese.
7. Refrigerate leftovers within 2 hours.

*Nutrition facts per serving: 300 calories; 3.5g total fat; 0g saturated fat; 0g trans fat; 65mg cholesterol; 500mg sodium; 32g total carbohydrate; 1g dietary fiber; 9g total sugars; 4g added sugars; 27g protein; 0% Daily Value of vitamin D; 10% Daily Value of calcium; 15% Daily Value of iron; 4% Daily Value of potassium*

Congratulations to our 4-H members who represented Boone County in the C7/C8 Area Communications Day Competition. Ashrita and Joanna competed against 4-H members from Boone, Kenton, Campbell, Grant, Pendleton, Gallatin, Carroll, and Owen counties.



Aashrita won first place in the 10 year old speech category and will compete at the state competition in July. Good luck Aashrita!



Joanna won second place in the 11 year old speech category. Way to go Joanna!

## BOONE COUNTY 4-H YOUTH DEVELOPMENT EDUCATION AGENTS

**LAILA EL-AMIN**  
Laila.El-amin@uky.edu

**RUSTY WOLF**  
Rusty.Wolf@uky.edu

**CATHY FELLOWS**  
Cathy.Fellows@uky.edu

### Cooperative Extension Service

Agriculture and Natural Resources  
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### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.  
Lexington, KY 40506



Disabilities  
accommodated  
with prior notification.