



# Boone County 4-H Youth Development Newsletter **September**

Cooperative Extension Service

Boone County

6028 Camp Ernst Rd

P.O. Box 876

Burlington, KY 41005-0876

(859) 586-6101

boone.ext@uky.edu

boone.ca.uky.edu

**2024**

## Agent's Message

As we get back to school it is a great opportunity to look back on our summer and reflect on the friends we made and the 4-H experiences we had. Whether you attended 4-H Camp, Boone County Fair, the KY State Fair, or any other 4-H event, we hope all of you took home a positive experience with 4-H this Summer.

Remember to **fill out the new 2025 4-H Enrollment forms**. 2024 enrollment expires on August 31, 2024. To be an active member, continue to receive monthly newsletters, and participate in 4-H events, summer projects, and the Boone County Fair as a 4-H member, you **MUST** re-enroll.

We would like to invite all of you to our 4-H open house on **September 22nd from 1-3pm**. This is a great opportunity for you to learn more about our 4-H programs and yearlong clubs!

Our 2023/2024 4-H Banquet will be **October 24th**. Invitations will be mailed out around the end of September.

Apply for a special 4-H fair award:

- Outstanding 4-H'er Award: Presented to two 4-H'ers (1 Junior and 1 Senior), based on the number of points accumulated throughout the fair week with their exhibits in the 4-H division (Cloverville, fruits and vegetables, horse and livestock)
- Cloverville 4-H Award: Presented to two 4-H'ers (1 Junior and 1 Senior), based on the number of points accumulated from their exhibits in Cloverville (Floral Hall).
- 4-H Travis Dunn Outstanding Equestrian Award Application: Presented to one 4-H'er that has been active in the 4-H Horse program.

Applications are available at the extension office or online at [boone.ca.uky.edu](http://boone.ca.uky.edu). Applications are due to the extension office by **September 20, 2024**, at 4:30pm.

Thank you all and we hope you have a good fall!

## Important Dates:

### September 1:

2025 Boone County 4-H youth enrollment opens

### September 20:

4-H fair award applications due

### September 22:

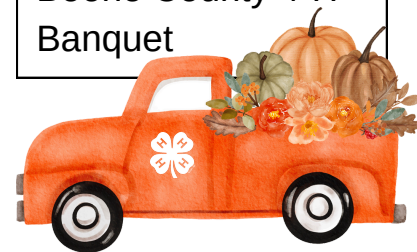
4-H Open House

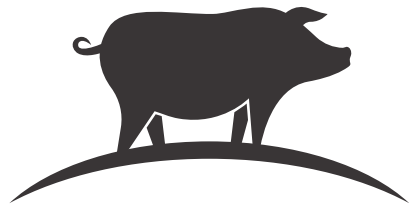
### September 26:

Sharpshooters open house

### October 24:

Boone County 4-H Banquet





## LIVESTOCK NEWS

It is once again time to start the 4-H livestock club educational hours. 6 hours of livestock education, taught by certified livestock leaders, is required to participate in the market and breeding divisions for county, district, and state competition. Each participant in the market animal project must have six educational hours before the validation for each species. This includes beef, dairy, sheep, goat, hog, rabbit, chicken and duck. The participants in the breeding animal & country ham projects must receive 6 educational hours before 6/1/25

### Tuesday, Sept. 24th: 6 - 8pm

- First educational meeting of the year
- Boone County Extension Office

### Monday, November 4th: 6 - 8pm

- Mandatory livestock meeting

Contact Rusty if you have questions.



If you have not yet picked up your premium check from county fair please do so ASAP.

Checks will be void after 90 days from the date they were written.

\*Checks were written June 28,2024\*



## HORSE NEWS

### Horse Sense Club:

All ages (including cloverbuds) are welcome to join us. It is not necessary to own a horse. We will have a horse-related education topic and craft.

#### Tuesday, Sept. 10th: 6:30-7:30pm

- Boone County Enrichment Center project room

#### Tuesday, Oct. 8th: 6:30-7:30pm

- Boone County Enrichment Center project room

### Drill Teams:

Our Boone County 4-H Horse Program is off to a good start for the 2024 Kentucky State 4-H Horse Show!

We would like to congratulate our Young Guns 4-H Drill Team for winning champion drill team and our Boone County Elite Drill Team for winning Reserve Champion Drill Team. The long hours these youth and volunteers put in has all paid off. They have made Boone County 4-H Proud!



## Young Guns:

Young Guns Drill Team had a very good week at the State Horse Show bringing back the belt buckle for Boone county!

Congratulations to Elite for reserve.

Summer has been a rush with performing at the 225th anniversary celebration of Boone County, competing at the NKHN show and the Outlaws showing Ohio. Next week we will be headed to Amish country to compete at the Silver Spurs competition which is the last leg of the Midwest Drill Series and the high point award! If you are interested in joining this very exciting team please contact Joyce Voet 859-630-4566.



## Elite:

We made history at the State Competition by riding a team of all branded BLM Mustangs in the drill team competition this year! We are proudly the Reserve State Champions with the wild horses! This was a very unique year to be able to be amazing ambassadors for the wild horses! Our second place finish at State really showcases how amazing Mustangs truly are! The unique opportunity was showcased on Channel 12 News, look it up!

Big congratulations to the Young Guns for their 1st place finish at the competition! Boone County was proudly represented with both teams!

Do you want to know what it is like to ride a once completely wild horse? Would you like to add your horse to our team? Every breed can be a successful drill team horse, all are welcome! We will show you how to get started! For more information to join the team or learn what it is that we do, contact April at (859)250-9281.





## Teen Club:

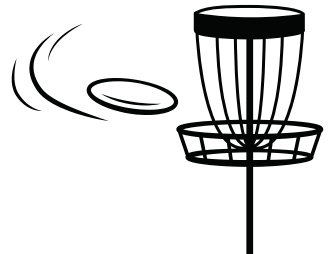
**Wednesday, Sept. 11th: 6 - 7pm**

- Our 4-H Teen Club is back for the new program year!
- Open to middle and high school aged youth. Learn about 4-H, make new friends, serve the community, and more!
- Boone County Enrichment Center

## Disc Golf Club:

**Wednesday, Sept 18th: 5:30 - 7pm**

- Great for players of all levels
- 4-H members ages 9-17 years old
- Must be registered to attend
- Boone County Nature Center



## Floral Design Club:

**Next Meeting:**

**Wednesday, Sept. 18th: 6 - 7:30pm**

- Learn how to arrange flowers, new plant materials, and how to grow your own cut flower garden
- Boone County Nature Center

## Wildlife Critters Club:

**Tuesday, Sept. 24th: 5 - 6:30pm**

- Let's learn and explore the great outdoors! We will be mixing it up with some hiking, learning about different animals, and some nature related games/activities.
- Location is dependent on the weather. (an email will be sent prior to class with location)

To Register for classes please  
 call the office at  
 859-586-6101  
 or  
 visit our website  
[www.boone.ca.uky.edu](http://www.boone.ca.uky.edu)

## Sew Unique Design Club:

Our club is adding more classes per month this year. Join us for our mini squishmallows class.



### September Classes:

**Saturday, Sept 14th: 10am - 12pm**

**Saturday, Sept 14th: 12:30 - 2:30pm**

**Monday, Sept 16th: 2 - 4pm**

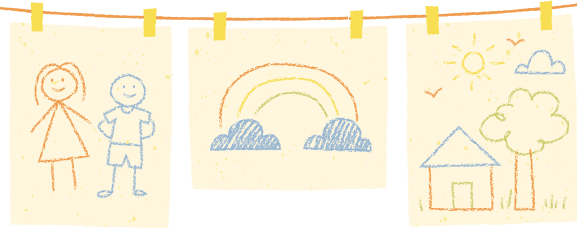
**Monday, Sept 16th: 4:15 - 6:15pm**

**Monday, Sept 16th: 6:30 - 8:30pm**

- For advanced or beginner sewers
  - All beginner sewers ages 9-11 must have an adult stay with their child during class.
- All supplies & equipment provided.
- Sign-up for one class time
  - class content will be the same.
- Boone County Ellis House

To receive class sign-up link  
Email  
[bc4hartphotoclub@gmail.com](mailto:bc4hartphotoclub@gmail.com)  
Link will be emailed on  
9/23 @ 7 pm

## Art a la Carte



Come learn how to draw many kinds of textures to add realism to your drawings.

**Monday, Sept 30th: 5 - 6pm or 6 - 7pm**

- For advanced or beginner artists
- All supplies are provided.
- Boone County Enrichment Center

To receive class sign-up link  
Email  
[bc4hartphotoclub@gmail.com](mailto:bc4hartphotoclub@gmail.com)  
Link will be emailed on  
9/23 @ 7 pm

Don't delay, classes fill up quickly.

- 15 spots per class.
- Sign-up for one class time
  - class content will be the same.

## Sharp Shooters Club:



Great job to Ivy B, Sebastian E, Blake H, & Sebastian L. for traveling and competing in the Spencer County Archery Competition on August 3rd.

*Correction to July Newsletter:  
Blake Hicks took 1st place in the archery compound barebow age 9-11 division at the Rowan County June 20th competition and not Blake Edwards.*

Congratulations to Blake Hicks he took first place at Bath County Invitational on August 10th in compound Barebow. This is his second first-place trophy this summer!



**SAVE THE DATE**

**Thursday, September 26th: 5:30-7pm**  
Sharpshooter open house!  
Pop in at anytime to meet and greet coaches + club members and try your hand at archery.



Sharpshooters open enrollment happens once a year from September 1st through October 1st. There is a limited number of new member spots which are filled on a first come first serve basis.

Bows, arrows, firearms, and ammunition are provided.

The cost per child to join for 2025 season is:

- Archery only: \$25
- Firearms only: \$25
- All disciplines: \$30

Scan QR code below for a 2024/2025 sharpshooters enrollment application.



Email Debra Feitl at [bc4hsharpshooter@gmail.com](mailto:bc4hsharpshooter@gmail.com) to sign up for the open house, or if you have any questions.

# Autumn Sweet Potato Chili

Servings: 8 Serving Size: 1 cup Recipe Cost: \$5.19 Cost per Serving: \$0.65

 Cooperative  
Extension Service



## Ingredients:

- 1 (15 ounce) can sweet potatoes (do not drain)
- 1 tablespoon chili powder
- 1 (16 ounce) jar salsa
- 2 (15 ounce) cans black beans (do not drain)
- Water to achieve desired consistency
- ½ cup reduced-fat sour cream
- Shredded sharp cheddar cheese
- Dried or fresh chopped cilantro

## Directions:

1. Combine sweet potatoes, chili powder and salsa in a large saucepan.
2. Bring to a boil, reduce heat to simmer, and cook until heated through, stirring as needed.
3. Add beans with liquid and cook another 3 minutes to blend flavors.
4. Thin with water if needed. Heat through. 5. Serve with sour cream, cheese and cilantro on the side.

## Notes

Option: To reduce sodium, use vegetables canned without added salt.

Source: Jeffrey Hines, former Graphic Artist for Nutrition Education Program, University of Kentucky Cooperative Extension Service

Nutritional facts per serving: 160 calories; 0g total fat; 0g saturated fat; 0g trans fat; 0mg cholesterol; 790mg sodium; 32g carbohydrate; 9g fiber; 12g sugar; 7g protein; 0% Daily Value of vitamin D; 4% Daily Value of calcium; 10% Daily Value of iron; 6% Daily Value of potassium.



# WHAT IS YOUR 2025 4-H AGE?

Your 4-H age will be the age that you are as of January 1, 2025.

Cloverbuds: Ages 5–8 as of January 1, 2025  
4-H members: Ages 9–18 as of January 1, 2025.

**January 1 - December 31, 2019 | Cloverbud**  
**January 1 - December 31, 2018 | Cloverbud**  
**January 1 - December 31, 2017 | Cloverbud**  
**January 1 - December 31, 2016 | Cloverbud**

**January 1 - December 31, 2015 | 4-H age is 9**  
**January 1 - December 31, 2014 | 4-H age is 10**  
**January 1 - December 31, 2013 | 4-H age is 11**  
**January 1 - December 31, 2012 | 4-H age is 12**  
**January 1 - December 31, 2011 | 4-H age is 13**  
**January 1 - December 31, 2010 | 4-H age is 14**  
**January 1 - December 31, 2009 | 4-H age is 15**  
**January 1 - December 31, 2008 | 4-H age is 16**  
**January 1 - December 31, 2007 | 4-H age is 17**  
**January 1 - December 31, 2006 | 4-H age is 18**  
**January 1 - December 31, 2005 | aged out**

IF YOU HAVE ANY QUESTIONS, CALL THE EXTENSION OFFICE AT 859-586-6101.

**LAILA EL-AMIN**  
Laila.El-amin@uky.edu

**RUSTY WOLF**  
Rusty.Wolf@uky.edu

**CATHY FELLOWS**  
Cathy.Fellows@uky.edu

BOONE COUNTY 4-H YOUTH DEVELOPMENT EDUCATION AGENTS

