



Boone County  
4-H Youth Development  
Newsletter

DECEMBER

Cooperative Extension Service

Boone County  
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(859) 586-6101  
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2024

## Agent's Message

Season's Greetings, 4-H friends!

It's the most wonderful time of the year! December is here, and with it comes all the holiday fun—decorating, singing carols, and maybe even catching a glimpse of snowflakes falling from the sky! ❄️

December is all about giving, sharing, and being kind to those around you. Whether you're building snowmen, baking cookies, or spending time with family and friends, we want to remind you to stay kind and keep spreading joy wherever you go. A little smile can make someone's day brighter!

Take a moment to think about all the cool things you've done this year and get excited for even more adventures in the year ahead. We've got lots of exciting things coming up, and we can't wait to share them with you! So, get cozy, stay warm, keep being awesome, and enjoy every moment of this special season!



Important  
Dates:

**December 25 -  
January 1, 2025:**

*CLOSED FOR  
Holidays*

**January 7:**

4-H summer camp  
registration packets  
available



## Teen Club:

Teen Club is open to all middle and high school aged youth. We learn about leadership, civic engagement, go on trips, and have fun!

**Wednesday, December 18th: 6 - 7pm**

- Holiday Party.
- Boone County Enrichment Center.

**Wednesday, January 8th: 6 - 7pm**

- Boone County Enrichment Center.

## Hops & Flops Rabbit Club:

Join our club! No rabbits necessary!

**Thursday, December 12th: 6:30 - 8pm**

- Boone County Extension Office.

**Thursday, January 23rd: 6:30 - 8pm**

- Boone County Extension Office.

## Cloverbuds Corner:

Cloverbuds is for children ages 5-8.

### Lil Buds Club

**Thursday, December 19th: 5:30 - 6:30pm**

- Boone County Enrichment Center.

## Paws & Claws Cat Club:

This month we celebrate the holidays and learn about the Yule Cat.

**Wednesday, December 18th: 5 - 6pm**

- Boone County Extension Office.
- Contact [bc4hcatclub@gmail.com](mailto:bc4hcatclub@gmail.com) to sign up or learn more.

## Floral Design Club:

Learn how to arrange flowers, new plant materials, and more!

**Wednesday, December 18th: 6 - 7:30pm**

- Boone County Extension Office.

To Register for classes please  
call the office at 859-586-6101  
or  
visit our website [www.boone.ca.uky.edu](http://www.boone.ca.uky.edu)

## Sew Unique Design Club:

We hope you have a great holiday season! We will not be meeting in December but look forward to seeing you again in January! Beginner sewers will be making polar fleece ear warmers.



### Available Classes:

**Saturday, January 11th: 10am - 12pm**

**Saturday, January 11th: 12:30 - 2:30pm**

**Monday, January 13th: 2 - 4pm**

**Monday, January 13th: 4:15 - 6:15pm**

**Monday, January 13th: 6:30 - 8:30pm**

- For advanced or beginner sewers
  - All beginner sewers ages 9-11 must have an adult stay with their child during class.
- All supplies & equipment provided.
- Boone County Ellis House.

To receive class sign-up link

Email [bc4hartphotoclub@gmail.com](mailto:bc4hartphotoclub@gmail.com)

Link will be emailed Monday before class

## Holiday Pinecone Creations:

Get into the holiday spirit by transforming natural pinecones into charming, festive creations! Supplies will be provided but youth will need to bring a lunch.

**Saturday, December 14th: 9am - 3pm**

- Boone County Enrichment Center.

**To register call the office or visit our website.**

## Art a la Carte

Art a la Carte will not be meeting in December. We hope you have a great holiday season, and look forward to seeing you again in January to learn how to draw cartoons & cute Kawaii style art.



**Monday, January 27th: 5 - 6pm or 6 - 7pm**

- For advanced or beginner artists.
- All supplies are provided.
- Boone County Enrichment Center.

To receive class sign-up link

Email [bc4hartphotoclub@gmail.com](mailto:bc4hartphotoclub@gmail.com)

Link will be emailed Monday before class

## Coin Bank Contest Design:

Come design coin banks that will be entered into our county competition!

**Monday, December 16th: 5 - 8pm**

- Boone County Extension Office.

**Tuesday, December 17th: 5 - 8pm**

- Boone County Extension Office.

**To register call the office or visit our website.**

# LIVESTOCK & EQUINE NEWS

## Livestock educational hour meetings

Each participant in the market animal project must have 6 educational hours before the validation for each species.

Participants in the breeding animal & country ham projects must receive 6 educational hours before 5/31/25.

### **Saturday, December 14th: 9am - 12pm**

- Cattle Working (artificial insemination, embryo transfer, etc.)
- Tobben Farms: 2575 Rice Pike Union KY 41091.

## Equine educational hour meetings

\*DATE CHANGE\*

### **Thursday, December 12th: 6:30 - 8pm**

- Horse Jeopardy.
- Boone County Extension Office.

### **Monday, January 13th: 6:30 - 8:30pm**

- Taxidermy as a career
- Antler Ridge Taxidermy: 3400 Dry Ridge Mt. Zion Rd. Dry Ridge, KY 41035
- MUST register, Space limited.

### **Saturday, February 8th: 9am - 12pm**

- Horse shows & Record books 101.
- Boone County Enrichment Center.

## Country Ham:

Country Ham Contracts are out!

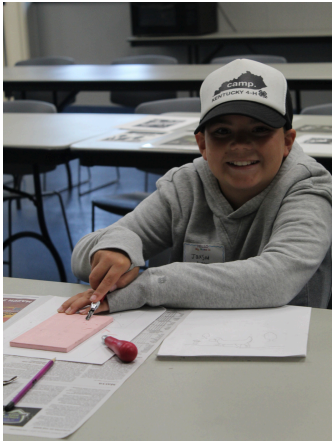
The Country Ham Project is a great opportunity to learn about the meat industry, cure two hams, learn public speaking, and have fun with friends! Stop by the Extension office or visit our website for the contract.

## Skillathon/Quizbowl:

A livestock quiz bowl team is a group of four or five youth who compete in a quiz bowl event to test their knowledge of livestock. Last month we took a trip to Kroger to learn about meat cuts.



Contact Rusty at [rusty.wolf@uky.edu](mailto:rusty.wolf@uky.edu) or 859.586.6101 with any questions.



# 2024 Recap



## Wally Wildcat Big Blue Muffins

Servings: 18 Serving Size: 1 muffin

 Cooperative  
Extension Service



### Ingredients:

- 2 cups blueberries
- 1 cup sugar, divided
- 1 ½ cups all-purpose flour
- 1 cup whole wheat flour
- 2 ½ teaspoons baking powder
- 1 teaspoon salt
- 2 eggs
- ½ cup vegetable oil
- 1 cup 1% milk
- 1 ½ teaspoons vanilla extract
- Cooking spray

### Directions:

1. Preheat the oven to 350°F. Spray a 18-cup muffin tin with cooking spray or insert paper liners in muffin cups.
2. Place 1 cup of the blueberries and 1 tablespoon sugar in a small saucepan and simmer over medium heat, mashing berries and stirring frequently, for about 6 minutes until mixture is thickened and reduced to about ¼ cup. Cool.
3. In a large mixing bowl, stir together the remaining sugar, all-purpose flour, whole-wheat flour, baking powder and salt.
4. Make a well in the center of the dry ingredients. Add eggs, oil, milk and vanilla. Whisk together the liquid ingredients. Use a rubber spatula to fold together the liquid and dry ingredients, just until moistened. Fold in the remaining blueberries.
5. Divide in batter equally among the muffin cups, filling about two-thirds full.
6. Spoon approximately 1/2 teaspoon of cooked berry mixture onto each cup of batter. Use a skewer or dinner knife to gently swirl berry topping into the batter.
7. Bake 17 to 19 minutes until muffin tops are golden. Cool muffin pans for several minutes before transferring to a cooling rack.

Source: Eat Smart to Play Hard: Brooke Jenkins, Extension Specialist, University of Kentucky Cooperative Extension Service

180 calories; 7g total fat; 1g saturated fat; 20mg cholesterol; 220mg sodium; 27g carbohydrate; 1g dietary fiber; 14g total sugars; 11g added sugars; 3g protein; 0% Daily Value of vitamin D; 2% Daily Value of calcium; 6% Daily Value of iron; 2% Daily Value of potassium



# WINTER

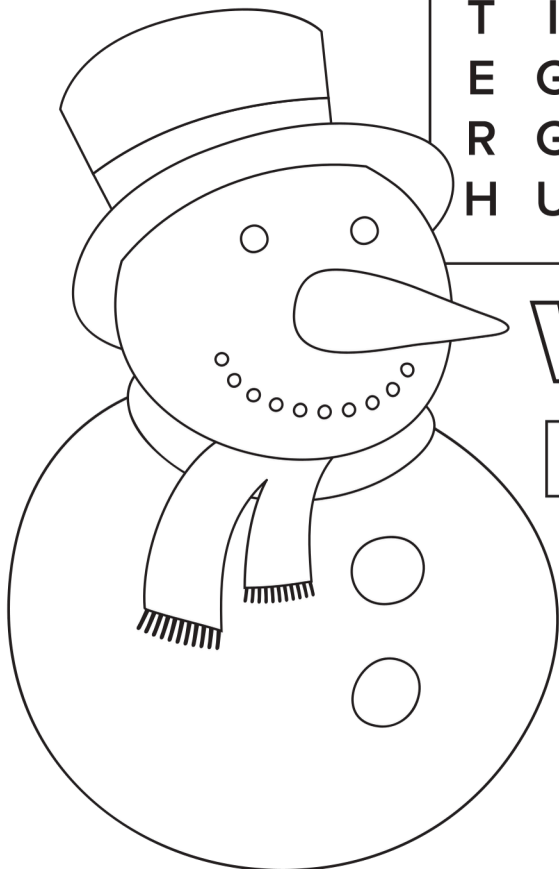
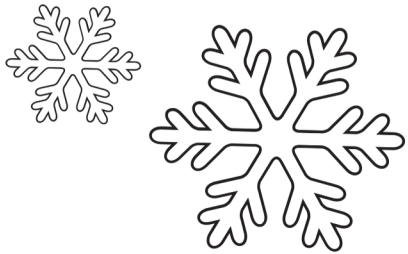


# WORD SEARCH

- |          |           |
|----------|-----------|
| BOOTS    | HOT COCOA |
| MITTENS  | HAT       |
| ICICLE   | SCARF     |
| SNOWMAN  | SNOWFLAKE |
| JACKET   | FROZEN    |
| PENGUIN  | WINTER    |
| SKIING   | FIREPLACE |
| SLEDDING | SWEATER   |

Search the puzzle below to find the 16 winter related words.

J H I O E Z V V O H D D Y V J  
X O F Q D M V F K J H S D F O  
B T G G F I R E P L A C E R M  
O C E V R I P G P X P A Z O F  
O O S K I I N G R A E R H Z S  
T C F C Z D M W Q Z N F A E L  
S O L O L G P D D N G N T N E  
P A F K M Y W W H W U R S V D  
W Q U X U C U V D Y I S W R D  
I S N O W F L A K E N N E J I  
N C T Q T L K O P H K O A A N  
T I I P W G X X R J F W T C G  
E G E C M I T T E N S M E K O  
R G E X L K Q G S Z T A R E P  
H U D X G E W C Q H L N Z T N



# WORD SCRAMBLE

Try and unscramble the 5 winter related words below.

RADIBZZL \_\_\_\_\_

OWROSSNTM \_\_\_\_\_

GNIEREFZ \_\_\_\_\_

OHT ETOCCOHAL \_\_\_\_\_

ODLC \_\_\_\_\_

# SAVE THE DATE

# 4-H SUMMER CAMP



Registration packets will be available online or in the office starting Tuesday, January 7th, 2025.



**Boone County 4-H will be camping  
JULY 28TH- AUGUST 1ST, 2025**



Visit Our Website  
[boone.ca.uky.edu](http://boone.ca.uky.edu)

IF YOU HAVE ANY QUESTIONS, CALL THE EXTENSION OFFICE AT 859-586-6101.

**LAILA EL-AMIN**  
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[Cathy.Fellows@uky.edu](mailto:Cathy.Fellows@uky.edu)

BOONE COUNTY 4-H YOUTH DEVELOPMENT EDUCATION AGENTS

**Cooperative  
Extension Service**

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

**MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT**

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Lexington, KY 40506



Disabilities  
accommodated  
with prior notification.